

2024 SDCFOA Rules Summer Study

1. The jerseys of the home team shall all be the same dark color(s) that clearly contrast with white.
 - a. True
 - b. False
2. If a towel is worn by any player, then all towels must be the same solid color for all players wearing a towel.
 - a. True
 - b. False
3. A towel may contain one manufacturer's logo and one school logo or trademark. They both must not exceed 2 ¼ square inches and does not exceed 2 ¼ inches in any dimension.
 - a. True
 - b. False
4. The penalty for a player who is not properly equipped is to remove that player for at least one down.
 - a. True
 - b. False
5. Effective with the 2024 season, the entire body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.
 - a. True
 - b. False
6. 1/10, B-12. A10 drops back to pass and throws to A82 who, while airborne, inadvertently kicks the pylon then catches the ball while still airborne and lands with both feet in the end zone. The result of the play is:
 - a. Touchdown
 - b. Incomplete Pass
 - c. Illegal Participation
 - d. Illegal Touching
7. 1/10, A-5. A7 hands off to A22 who attempts to swing around right end but is tackled in the end zone. As he is going to the ground, he thrusts the ball out and his progress is judged to be with the front end of the ball near the one-foot line with the rear half of the ball over the goal line and no part of the ball extending over the rear edge of the goal line. The ball is next spotted:
 - a. Exactly as the play was judged to have ended with the rear of the ball touching the goal line.
 - b. With the entire ball in the field of play and no part of the ball touching the goal line.
 - c. Safety
 - d. Touchback
8. A, 2/8, A-30. A16 is back to pass at the A-20. As his arm is moving forward, he is hit from behind by B82 and fumbles the ball. It is recovered by B63 at the A-18.
 - a. Hit on a defenseless player, A, 1/10, A-45
 - b. B, 1/10, A-18
 - c. Incomplete pass, A, 3/8, A-30
9. Due to injuries and a couple of ejections, Team A has only seven players remaining to play.
 - a. Team A must forfeit the game.
 - b. May continue the game as long as there are at least five players on the line of scrimmage, numbered between 50 – 79, and no more than 4 backs.
 - c. May continue the game until they are on offense.
10. K, 4/6, K-30. K18 kicks a low scrimmage kick, which is deflected by R88 at the K-32. The ball is touched by K88 at the K-46 and recovered by K22 at the K-49.
 - a. Illegal touching. K, 4/1, K-35
 - b. K, 1/10, K-49
 - c. First touching. R, 1/10, K-46
 - d. None of the above
11. A, 1/10, A-38. A14 is standing behind the snapper. As A14 places his hands under the snapper, A-23 goes in motion. A14 hands the ball to A32 who runs to the A-44.
 - a. Live ball foul, illegal shift. A, 1/15, A-33
 - b. Dead ball foul, illegal shift. A, 1/15, A-33
 - c. Legal play. A, 2/4, A-44

12. A, 2/5, A-28. A26 is in motion at the snap behind the guard within the free blocking zone and blocks B87 below the waist within the free blocking zone at the A-28. A11 runs to the A-35
- A, 1/10, A-35
 - A, 2/15, A-18
 - A, 2/19, A-14
 - A, 2/20, A-13
13. During the pregame conference, the head coach verifies that all his players are legally equipped. In the first quarter, B44 is discovered without hip pads.
- Charge the head coach with unsportsmanlike conduct.
 - Charge B with a timeout and have B44 go to the sideline to get his hip pads.
 - Officials' timeout. B44 must leave the game for at least one down until his missing equipment is properly worn.
 - Both: a and b
 - Both: a and c
14. A, 1/10, A-33. At the snap, A67 blocks down on B62 below the waist and from behind at the A-34 in the free blocking zone. A44 runs to the A-40.
- Legal because it is in the free blocking zone. A, 2/3, A-40.
 - Clipping. A, 1/25, A-18
 - Block in the back. A, 1/20, A-23
15. K, 4/12, K-25. K52 punts the ball from the K-12. R44, thinking his team has only 10 players, enters the field as the 12th player during the kick at the K-40 and legally blocks K87 at the K-42. R21 catches the kick at the R-45 and returns it to the K-40 where he is tackled.
- Illegal participation. K, 1/10, K-40
 - Illegal participation, R, 1/10, R-30
 - Illegal substitution, K, 4/7, K-30
 - Illegal substitution, R, 1/10, R-40
16. A, 2/10, A-25. A14 runs around the right end for 6 yards to the A-31. B25 who realizes his team has only 10 players enters the field during the down but does not contact anyone or influence the play.
- Illegal participation. A, 1/10, A-40
 - Illegal substitution. A, 2/5, A-30
 - Illegal substitution. A, 1/10, A-36
 - No foul. A, 3/4, A-31
17. K, 4/12, K-33. K6 receives the snap and kicks the ball. Just after the snap, K56 grasps and twists the facemask of R67. R22 catches the kick at the R-30 and is tackled at the R-32.
- Facemask penalty. K, 4/27, K-18, Clock starts on the ready
 - Facemask penalty. K, 1/10, R-47, Clock starts on the ready
 - Facemask penalty, R, 1/10, R-45, Clock starts on the snap
 - Facemask penalty, R, 1/10, R-47, Clock starts on the snap
18. A, 3/10, A-15. The clock is running with 40-seconds remaining in the first half when A18 is calling signals and A82 false starts.
- A, 3/15, A-10. Clock starts on the snap.
 - A, 3/15, A-10. Starting the clock is at the option of team B.
 - A, 3/15, A-10. Clock starts on the ready
19. A, 2/8, B-12. A12 takes the snap and pitches the ball backwards to A22 who runs around the right end for a touchdown as time runs out for the second period. The B coach starts ranting and swearing at the HL for missing a block in the back at the LOS and is flagged for unsportsmanlike conduct. A does not want to enforce the penalty on the try. B has the choice(s) for the start of the second half.
- The Referee should remind the B coach before he makes the choice for the second half.
 - If B chooses to receive, A will kickoff from the B-45.
 - If B chooses to kickoff, B will kick from the B-25
 - All of the above
20. A, 3/7, B-35. A14 runs to the B-32 and throws a forward pass to A88. A88 evades a tackle and runs for a touchdown as time for the second period expires.
- Touchdown. A try from the B-3
 - A, 4/9, B-37. Untimed down
 - If B accepts the penalty, the half is over.

21. A, 3/6, B44. A12 throws a forward pass to A80. B26 commits pass interference on A80 at the B-36, intercepts the pass and is tackled at the B-35.
- B, 1/10, B-35. Clock starts on the snap.
 - A, 1/10, B-29. Clock starts on the ready
 - A, 1/10, B-36. Clock starts on the ready
 - A, 1/10, B-29. Clock starts on the snap
22. A, 1/10, A-25. A14 runs to the A-30 and fumbles. The ball is muffed by B12 at the A-32 and the ball rolls out of bounds at the A-36.
- A, 1/10, A-36
 - A, 2/5, A-30
 - B, 1/10, A-32
 - B, 1/10, A=36
23. End of game with the score tied 21 – 21. Team R failed to score in their 1st overtime series. K has 3/6 at the R-10. K6 is in position to kick a field goal with K14 as the holder at the R-17. K14 takes the snap and without rising, throws a pass to K84 who scores.
- K touchdown. K wins, 27 – 21.
 - No score. Teams proceed to the next overtime series. Score: 21 – 21
 - No score. Illegal pass, K, 4/18, R-22
 - No score. K, 4/13, R-17
24. K, 4/7, R-30. K14 attempts a field goal that is partially blocked behind the line by R42 and recovered by K91 at the R-26-yard line. K91 advances to the R-20.
- K, 1/10, R-20. The ball remains live.
 - R, 1/10, R-26. The ball is dead when K91 recovered it.
25. A, 2/6, B-14. A42 is running up the middle when B66 attempts to tackle A42 at the B-10. During the attempt, B66's helmet pops off and A42 breaks free and scores a touchdown.
- Touchdown for A. A try at B-3
 - Play is stopped for the helmet coming off. A, 3/2, B-10
 - Penalize A for knocking B's helmet off. A, 2/17, B-25
26. K, 4/10, K-23. K leads 21-20 with less than 2 minutes remaining in the game. K8's punt is very short and R23 signals for and makes a fair catch at the K-40. A chooses to snap from the right hash. During the next play, B12 interferes with A88's attempt to catch a pass and B15 intercepts the ball at the B-28.
- A, 1/10, B-25. A must snap from the right hash.
 - B, 1/10, B-28
 - A, 1/10, B-25. A can choose to have the ball placed in the middle for a free kick to possibly score a field goal.
27. A, 3/6, B-12. A14 throws a forward pass to A82. B26 steps in front of A82 and intercepts the pass at the B-3. As he is running toward the sideline, he is hit and fumbles. The ball hits the goal line pylon.
- B, 1/10, B-3
 - Touchback, B, 1/10, B-20
 - Incomplete pass. A, 4/6, B-12
 - Safety. B, Free kick, B-20
28. A, 4/2, the nose of the ball touching the B-20. The QB throws a pass toward an eligible receiver that is incomplete at the B-15.
- B, 1/10, B-20
 - B, 1/10, B-20 plus 11 inches
 - A, 4-2, B-20
29. A, 3/6, A-40. The fullback runs around the right end to the A-44. During the tackle, a linebacker grabs the fullback's facemask and releases it as he falls to the ground. After the play, the fullback swears at the linebacker.
- A, 3/16, A-30. Both penalties are assessed
 - A, 3/6, A-40. Penalties offset
 - A, 1/10, A-34. Both penalties are assessed
 - A, 4/12, A-34. Both penalties are assessed
30. A, 3/10, B-20. Runner is running around the right end when he is hit and fumbles at the B-24. A defensive player recovers the ball at the B-25 and attempts a backward pass to a teammate. A Team A player intercepts the pass and is tackled at the B-28.
- A, 1/10, B-28. Clock starts on the ready

- b. A, 1/10, B-28. Clock starts on the snap
 - c. A, 3/18, B-28. Clock starts on the ready
 - d. A, 3/18, B-28. Clock starts on the snap
31. K, 3/9, K-10. A kicker quick-kicks from the K-5. The kick is short and muffed by a receiver at the K-25. The ball rolls into K's backfield, where a kicker falls on the ball at the K-8.
- a. R, 1/10, K-8
 - b. K, 1/10, K-8
 - c. K, 4/11, K-8
32. K, 4/10, K-23. A legal scrimmage kick is blocked and rolls to the K-28. A receiver muffs the ball, which rolls to the K-20. A kicker picks up the ball and punts it again, and the ball rolls out of bounds at the K-45.
- a. R, 1/10, K-20. The ball is dead when K32 recovers it
 - b. R, 1/10, K-15. Illegal kick and the ball is dead when K32 kicks it
 - c. R, 1/10, K-45. K32's punt is legal
33. K, Free Kick, K-40. An untouched free kick is caught by a kicker at the K-47. There are no receivers anywhere near the spot of the catch.
- a. R, 1/10, K-47
 - b. K, Free kick, K-25
 - c. R, 1/10, K-32
 - d. Any of the above
34. During a legal punt, a kicker commits kick catch interference which causes the potential receiver to muff the kick. A receiver recovers the kick and time for the first quarter expires during the down.
- a. The period will be extended for an untimed down under any circumstance
 - b. The period will be extended for an untimed down only if team R chooses to have a yardage penalty enforced or chooses an awarded fair catch at the spot of the kicker's interference
 - c. The period cannot be extended for an untimed down under any circumstance
35. K, 3/9, K-10. K quick-kicks from the K-5. The kick is short and is muffed by a receiver at the K25. The ball rolls to the K-8, where a kicker kicks it off the ground. The ball caroms off a receiver's leg and goes out of bounds at the K-18.
- a. K, 4/1, K-18
 - b. R, 1/10, K-18
 - c. Illegal kicking. K, 3/15, K-4
 - d. b or c
 - e. a or b
36. A kicker kicks off from the K-40. At the K-47, a kicker muffs the grounded ball. The ball continues to the R-40, where a receiver recovers the ball and carries it to the R-43, where he fumbles. The ball is recovered by a kicker at the R-48, where he is downed.
- a. K, 1/10, R-48
 - b. R, 1/10, K-47
 - c. The covering officials throw a flag at the K-47
 - d. Re-kick from the K-35
 - e. c and d
37. K, 4/7, K-29. A scrimmage kick is touched by a kicker at the K-40. A receiver picks up the loose ball at the K-45 and returns it to the K-33, where he is downed. During the runback, a receiver blocks a kicker in the back at the K-43. ES is: a. K-40
- a. K-43
 - b. K-45
 - c. K-29
38. K, Free kick, K-40. In an onside kick attempt, the kicker kicks the ball directly into the ground. The ball immediately rebounds high into the air. A receiver is in a position to catch the ball at the R-47, but a kicker steps in front of the receiver and catches the ball and is down at that spot.
- a. Fair catch interference
 - b. Legal play. K, 1/10, R-47
 - c. Neither a nor b
39. K, 3/9, K-10. A kicker quick-kicks from the K-5. The kick is short and muffed by a receiver at the K-25. The ball rolls into kicker's backfield. A kicker recovers it at the K-8 and runs to the K-15, where he is downed.
- a. R, 1/10, K-15

- b. K, 1/10, K-15
 - c. K, 1/10, K-8
 - d. K, 4/4, K-15
40. A, 4/Goal, B-8. The QB's pass is complete to an eligible receiver in B's end zone. During the play, the receiver pushed off the free safety to give the receiver room to make the catch.
- a. B, 1/10, B-23. Clock starts on the snap.
 - b. A, touchdown
 - c. A, 4/Goal, B-23, Clock starts on the ready
 - d. A, 4/Goal, B-23, Clock starts on the snap.
41. 2/10, A-40. The QB drops back to the A-30 and throws a pass that is caught by the tailback, an eligible receiver at the A-33. The tailback throws a forward pass downfield. At the B-23, a cornerback interferes with another eligible receiver, preventing a catch.
- a. Both the tailback and the cornerback have fouled; the penalties cancel
 - b. The only foul on the play is defensive pass interference by the cornerback
 - c. The only foul on the play is an illegal forward pass by the tailback
42. A, 3/4, B-26. Team A uses a hurry-up offense as it quickly moves to its line of scrimmage. A flanker, who is still in the game after running a pass pattern in the middle of the field on the previous play, did not enter his team's huddle and goes to a position about a yard inside the sideline before the ready for play signal. Before the snap, a cornerback comes over and covers the flanker. At the snap, the flanker goes downfield and catches a pass at the B-20 where he is tackled. The covering official rules the flanker's act was not an attempt to deceive. By rule, the result is
- a. A, 1/10, B-20, no foul
 - b. A, 3/9, B-31, illegal formation
 - c. A, 3/9, B-31, illegal substitution
 - d. A, 3/19, B-41, illegal participation
43. It is forward pass interference if any player hinders an opponent's vision without making an attempt to catch, intercept or bat the ball, even though no contact was made.
- a. True
 - b. False
44. On 3rd down, The QB drops back to attempt a pass. As his arm is moving forward, he is hit; and the ball pops backward into the air. A defensive player tries to catch the ball and muffs it, and A56 catches the ball behind the line of scrimmage and is tackled immediately.
- a. 5-yd penalty for illegal touching by A, ES previous spot
 - b. 5-yd penalty for illegal touching by A, ES spot foul
 - c. 4th down for A at the previous spot
 - d. 4th down for A where A56 was tackled
45. Fourth down. The punter is in position 7 yards behind the line of scrimmage, in position to receive the long snap. On the line of scrimmage are three K players numbered 50-79 and four K players numbered 80-99. Legal formation.
- a. True
 - b. False
46. An offensive lineman contacts a defensive player at the line of scrimmage and drives him back 4 yards beyond the line of scrimmage, when the QB throws a legal forward pass to an eligible receiver beyond the line of scrimmage. No foul for ineligible A player downfield or for offensive pass interference because the offensive lineman had continuous contact.
- a. True
 - b. False
47. Pass interference restrictions on a legal forward pass end for:
- a. All eligible A players and all B players when the pass has been touched by any player
 - b. All ineligible A players when B touches the pass
 - c. All ineligible A players when A touches the pass
 - d. a and b
 - e. a and c
48. On the last play of the 4th quarter, A scores a TD, making the score A34-B35. An offensive player throws the ball into the stands. B declines to enforce the penalty on the try, and A's try is successful. The penalty is enforced on the first play of OT.
- a. True
 - b. False

49. B12 enters the field to substitute for B15. B15 attempts to leave the field but hasn't gotten across his sideline when A starts the play, and the flank throws a penalty. The play results in a TD for A. After the flank reports the foul to the referee, the referee immediately signals the penalty is declined and then signals a TD. Team A should have been given the opportunity to accept or decline the penalty.
- True
 - False
50. A, 3/10, A-6. An offensive player holds a defender in team A's end zone. If the penalty is accepted, the result is:
- A, 3/13, A-3
 - Safety
51. In the middle of the third quarter, the QB throws a touchdown pass and is roughed.
- The penalty may be enforced on the try or kickoff
 - Team A must decline the penalty to keep the touchdown
 - The penalty must be enforced on the try
52. As time for the first period expires, an offensive player holds in his end zone. The defense accepts the penalty and scores a safety. The period will be extended by an untimed down, and the offensive team will kick off from its 20-yard line as part of the first quarter.
- True
 - False
53. During a scrimmage kick, a receiver is running toward his own goal and catches a scrimmage kick over his shoulder at the R-2. He runs into his end zone, where he fumbles the ball; the ball rolls over the side line out of the end zone.
- Touchdown for K
 - Safety for K
 - Touchback for R
 - R, 1/10, R-2
54. A, 4/12, B-30. The QB completes a legal forward pass to a legal receiver at the B-20, where he is tackled. Just after the QB released the pass at the B-37, defensive player grabbed QB's facemask and immediately released it.
- Roughing the passer; ES B-20
 - Roughing the passer; ES B-30
 - 5-yd facemask foul; ES B-30
 - 5-yd facemask foul; ES B-37
 - 15-yd facemask personal foul; ES B-30
 - 15-yd facemask personal foul; ES B-37
55. It is legal for a player to execute a BSB outside the FBZ with forceful contact if initiated with open hands or initiate a screening-style block which is not forceful.
- True
 - False
56. During the Pregame Conference with the Referee and Umpire, the home head coach verified all his players are legally equipped. During a down, a home team player wears an illegal jersey which ends just below the numbers, exposing his midriff above his pants.
- Foul on the home head coach for unsportsmanlike conduct for failing to have his player wear or use required equipment
 - Foul on the player for failing to properly wear required equipment during a down
 - The player must leave the game until he is legally equipped.
 - b and c
 - a and c
57. A, 2/5, A-35. An eligible receiver goes out of bounds at the A-45 to avoid contacting an official. He immediately returns inbounds at the A-48 and catches a legal forward pass at the B-45, where he is downed.
- Legal play
 - Illegal participation; 15 yds; ES A-35
 - Illegal participation; 5 yds; ES A-35
 - Illegal participation; 5 yds; ES A-45
 - Illegal participation; 15 yds; ES A-48

58. Time for the first half expires as the runner advances to the B-33, where he is tackled. After the runner gets up but before the Referee holds the ball in one hand over his head, defensive player B45 punches the runner. The offensive team accepts the penalty.
- A, 1/10, B-18; the period is extended for one untimed down; B45 is disqualified
 - A, 1/10, B-18; the period is extended for one untimed down
 - The period is over; enforce the penalty on the second-half kickoff; B45 is disqualified
 - The period is over; enforce the penalty on the second-half kickoff
 - The period is over; the penalty cannot be enforced
59. An inside kick off is attempted from the K-40, and the kick travels to the K-46, where a kicker recovers it. During the kick, no receiver blocks, and a kicker blocks a receiver at the R-49.
- R, 1/10, K-36
 - Re-kick from the K-30
 - R, 1/10, K-41
 - Either a or b
60. A defensive player intercepts a pass and runs it in for a TD. At the A-5, he turns back to an offensive player and holds the ball out toward an offensive player who is pursuing the interceptor. Still holding the ball out to the offensive player, the interceptor crosses the goal line.
- Live-ball unsportsmanlike conduct foul. Nullify the score and penalize B from the A-5
 - Live ball unsportsmanlike conduct foul. Touchdown for B. Enforce the foul on the try
 - Live ball unsportsmanlike conduct foul. Touchdown for B. Enforce the foul on the kickoff
 - Dead ball unsportsmanlike conduct foul
 - Either b or c
61. The QB's forward pass is intercepted by a defensive player and run back for a touchdown. During the runback, an offensive player uses his shoulder to blindside block a defender.
- To accept the result of the play, B must decline the penalty
 - Team B can accept the result of the play and have the penalty enforced on the try or the subsequent kickoff
 - The offensive blocker who fouled shall be disqualified if the foul is deemed to be flagrant
 - a and c
 - b and c
62. K16 punts from the K-30. While the ball is in the air, R45 holds K23 at the 50. R29 catches the punt at the R-30 and returns it to the K-40. The penalty is accepted
- Replay the down
 - R, 1/10, R-40
 - R, 1/10, R-20
63. The enforcement for any foul by the defense is the 20-yard line when the run ends in the end zone and would result in a safety.
- True
 - False
64. The basic spot may, at the option of the offended team, be the succeeding spot for fouls by K during a free kick down (other than KCI) prior to the end of the kick, when K will not be the next to put the ball in play.
- True
 - False
65. Other than kick catch interference, fouls by the kicker during a scrimmage kick may be enforced from the (other than KCI) when K will not be the next to put the ball in play.
- True
 - False
66. During a legal scrimmage kick, a kicker commits a blind side block on a receiver beyond the expanded neutral zone. A receiver makes a valid fair catch. In order to retain the ball, the receiver must decline kicker's foul.
- True
 - False
67. A, Try, B-3. A6's kick is good for a 1 point. This ties the game at 24 with no time left on the clock. A defensive player is called for roughing the kicker.
- Penalty is automatically declined
 - A, Try, B-1&1/2

- c. Penalize B to start the overtime period
 - d. b or c
68. A, 3/6, B-26. An offensive back is illegally in motion when the QB takes the snap and throws a pass to an eligible receiver. A defensive player intercepts the pass at the B-20 and returns it to the B-40. During the return, a defensive player blocks an offensive player below the waist at the B-32.
- a. B, 1/10, B-17 if B declines A's penalty
 - b. A, 1/10, B-16 if both penalties are accepted
 - c. A, 3/6, B-26 only if A accepts B's penalty
69. The QB throws a pass which is intercepted beyond the line of scrimmage. During the runback, a B player blocks an A player in the back, and an A player grabs and releases the runner's facemask.
- a. Double foul; the down must be replayed
 - b. B can retain the ball if it declines A's foul
70. K, 4/7, K-15. K is in a scrimmage kick formation. Immediately after the snap, the nose guard runs directly into the snapper. The punter runs to the K-18 and punts. A receiver catches the kick at the K-35 and is downed at the K-30.
- a. R can retain possession by declining K's foul. R, 1/10, 50-yard line
 - b. K can re-kick by declining R's foul. K, 4/12, K-9
 - c. Fouls offset. R, 1/10, K-30
 - d. a or b
 - e. Replay the down
71. During an attempted pass play, the QB is tackled behind the line of scrimmage. During the play, an eligible receiver is held beyond the line of scrimmage by a defensive player. The ES is the:
- a. Dead ball spot
 - b. Previous spot
 - c. Spot of the foul
72. A, 3/5, A-27. An eligible receiver catches a legal forward pass at the A-37 and runs to the A-45, where he is tackled. During the run, an offensive player holds a defensive player at the A-40. ES is:
- a. A-27
 - b. A-45
 - c. A-40
73. A, 3/5, A-27. An eligible receiver catches a legal forward pass at the A-37 and runs to the A-45, where he is tackled. During the pass, an offensive player holds a defensive player at the A-20. ES is:
- a. A-27
 - b. A-45
 - c. A-20
74. A, 3/2, A-16. A legal forward pass is intercepted at the A-45; the intercepting player runs to the A-20, where he is tackled. During the run, a defensive player blocks an offensive player below the waist at the A-30. ES is:
- a. N/A. Replay the down
 - b. A-16
 - c. A-30
 - d. A-20
75. K, 4/7, K-29. A scrimmage kick is touched by a kicker at the K-40. A receiver picks up the loose ball at the K-45 and returns it to the K-33, where he is downed. During the runback, a receiver blocks a kicker in the back at the K-43. ES is:
- a. K-40
 - b. K-43
 - c. K-45
 - d. K-29
76. Other than kick catch interference, fouls by the kicker during a scrimmage kick may be enforced from the succeeding spot if the kicker will not be the next to put the ball in play.
- a. True
 - b. False
77. During a legal scrimmage kick, a kicker commits a blind side block on a receiver beyond the expanded neutral zone. A receiver makes a valid fair catch. In order to retain the ball, the receiver must decline kicker's foul.

- a. True
 - b. False
78. What is the maximum number of captains in full-game uniform that may represent each team at the coin toss?
- a. Three
 - b. Four
 - c. Five
79. A1's pass is intercepted by B2 at his own three yardline. B2 voluntarily runs into his own end zone. He simulates going to one knee, then puts on a burst of speed. He advances to team B's 37-yard line.
- a. Legal play; it's team B's ball at its own 37-yard line.
 - b. The ball is dead when B2 simulates taking a knee
 - c. The momentum rule applies; it will be team B's ball at its own three yard line.
 - d. It's a safety; team A scores two points.
80. As a player attempts to catch the ball, an opponent waves his hand in front of the potential receiver's face.
- a. No problem regardless if the player is attempting to catch a kick or a legal forward pass.
 - b. Foul whether the player is attempting to catch a kick or a legal forward pass.
 - c. Foul only if the covering official judges a team K player obstructed a team R player's attempt to catch a kick.
 - d. Foul only if the covering official judges a team A player's attempt to catch a pass.
81. Fourth and 10 for team A from its own 20-yard line. R1 is in position to catch K2's high punt. R3 is in front of R1 and attempts to legally block K4, but K4 shoves R3 above the waist from the front. The contact causes the ball to bounce off of R3 and fall to the ground. The ball is recovered by prone K5 at team R's 45-yard line.
- a. R3 is considered to have touched the ball.
 - b. R3's touching of the ball is ignored because K4 caused the contact.
 - c. It will be team R's ball.
 - d. It will be team K's ball
 - e. a and d
 - f. b and c
82. First and 10 at team A's 20-yard line. Quarterback A1 takes a direct snap and drops straight back to his own 15-yard line. He is under a heavy rush when he throws a pass that is muffed by ineligible A2 at team A's 18-yard line. There is no eligible receiver in the area.
- a. Intentional grounding only.
 - b. Illegal touching only.
 - c. Intentional grounding and illegal touching.
83. Third and 18 for team A from its 28-yard line. As A1's pass is in flight, B2 is flagged for unsportsmanlike conduct. B3 intercepts the pass and returns it to team A's 40-yard line. After the ball is dead, A4 is flagged for piling on. The next play will be:
- a. First and 10 for team B from team A's 40-yard line.
 - b. First and 10 for team A from its own 28-yard line.
 - c. Third and 18 for team A from its 28-yard line.
84. Fourth and 20 at team K's 20-yard line. K1's punt is blocked and never crosses the neutral zone. While the ball is loose, R2 holds at team K's 30-yard line. R3 recovers at team K's 15-yard line. The next play will be:
- a. Team K's ball, fourth and 10 at its own 30-yard line.
 - b. Team K's ball, first and 10 at its own 30-yard line.
 - c. Team K's ball, first and 10 at its own 40-yard line.
 - d. Team R's ball, first and 10 at team K's 40-yard line.
85. Fourth and 10 at team R's 15-yard line. Team K's field goal attempt is blocked. The ball crosses the neutral zone and hits the ground at team R's 12-yard line. The kick is untouched when the ball rebounds behind the neutral zone and goes out of bounds at the R's 25-yard line. The next play will be:
- a. Team R's ball, first and 10 at its own 15-yard line.
 - b. Team R's ball, first and 10 at its own 20-yard line.
 - c. Team R's ball, first and 10 at its own 25-yard line.
86. On the kickoff, the ball bounces high near the sideline. R1 leaps from inbounds and grabs the ball while he is airborne over the field of play. R1 alights so that he lands on the sideline at team R's 15-yard line.
- a. Team K foul for a free kick out of bounds.
 - b. Team R will put the ball in play at its own 15-yard line.

87. Third and 10 at team A's 35-yard line. Receiver A1 is running near the sideline as the forward pass reaches him. He tips the ball, steps out of bounds at team A's 48-yard line, returns to the ground inbounds, catches the ball and carries it across team B's goal line.
- No problem, the touchdown stands.
 - Foul for illegal touching. The penalty is five yards but no loss of down.
 - Foul for illegal touching. The penalty is five yards and loss of down.
 - Foul for illegal touching. The penalty is loss of down but no yardage.
 - Foul for illegal participation. The penalty is 15 yards.
88. First and 10 at team A's 30-yard line. B1 is flagged for roughing the passer. B2 intercepts the pass, and on the return he fumbles. A3 recovers and is tackled at team A's 35-yard line.
- First and 10 for team A at team A's 45-yard line. Clock starts on the ready.
 - First and 10 for team A at team A's 45-yard line. Clock starts on the snap.
 - First and 10 for team A at the 50-yard line. Clock starts on the ready.
 - First and 10 for team A at the 50-yard line. Clock starts on the snap.
89. R1 muffs a free kick. As the ball is rolling at team R's 20-yard line, K2 pushes R1 in the back above the waist in an attempt to recover the loose ball. K2 then recovers the ball while grounded at team R's 15-yard line.
- Foul for Illegal block in the back.
 - Legal play. First and 10 for team K at team R's 15-yard line.
90. First and goal at team B's 8-yard line. A1, wearing number 79, is on the end of the line. At the snap he retreats into the backfield. A2 takes the snap and throws a pass to A1, who catches it and advances beyond team B's goal line.
- A player wearing number 79 can never catch a pass.
 - Legal if number 79 reported to the referee before the play.
 - Legal if team A was using the numbering exception.
 - Legal if the pass was backward.
91. Fourth and 10 from team K's 20-yard line. K1's punt is tipped by R2 at team K's 22-yard line. The ball rolls to team K's 25-yard line, where K3 recovers it.
- It's team K's ball at its own 25-yard line.
 - It's team K's ball at its own 21-yard line.
 - It's team R's ball at team K's 25-yard line.
 - It's team R's ball at team K's 21-yard line.
92. Second and 10 on team A's 30-yard line. A1 runs to his 33-yard line, then retreats to his 27-yard line, from where he throws a forward pass. A2 catches the pass at team A's 40-yard line and advances to his 45-yard line.
- Legal play.
 - Foul; penalize five yards from the previous spot and loss of down.
 - Foul; penalize five yards from the spot of A1's pass and loss of down.
 - Foul; the penalty is loss of down with no yardage assessed.
93. Team A is in shotgun formation with A1 six yards behind the snapper and in position to take a snap. As he is calling signals, A1 places one foot in front of the other and slowly rocks back and forth on his lead foot.
- No problem as long as A1's movement doesn't simulate the start of a snap.
 - If A1 is still rocking when the ball is snapped, it is illegal motion.
 - False start. The officials should prevent the snap and penalize team A.
94. In overtime, the score is tied 10-10. The home team kicks a field goal to go ahead, 13-10. On the first play of the opponent's possession, a fumble is returned for a score. What is the final score?
- 13-10
 - 15-10
 - 19-10
 - It depends whether the home team is successful on the try.
95. K1's untouched free kick goes out of bounds. Team R chooses to take the ball at the out-of-bounds spot after enforcement of a five-yard penalty. Team R requests to have the ball spotted in the middle of the field.
- The request is granted
 - The request is denied.
96. Second and 10 at team A's 20-yard. A1 throws a legal forward pass toward A2 at team A's 28-yard line. As A2 reaches for the pass, B3 interferes. The pass falls incomplete. After the play, A2 taunts B3.

- a. The penalties cancel; the down is replayed.
 - b. It will be team A's ball, second and 20 from its 10-yard line.
 - c. It will be team A's ball, first and 10 from its 20-yard line.
 - d. It will be team A's ball, first and 10 from its 14-yard line.
97. Fourth and 10 from team K's 20-yard line. K1's punt is a low line drive that strikes lineman K2 in the back at team K's 23-yard line. R3 picks up the ball at team K's 25-yard line, advances to team K's 5-yard line, then fumbles. Prone K4 recovers there.
- a. That's first touching. It will be team R's ball at team K's 23-yard line.
 - b. Legal advance and fumble recovery. It will be team K's ball at its own 5-yard line.
98. Team K attempts an onside kick. The ball is kicked directly into the ground, bounces in the air and toward R1. The ball has traveled 14-yards when R1 signals for a fair catch. R1 is contacted by K2, muffs the ball and has no chance to catch or recover the ball. Prone K3 recovers.
- a. Team R fouled. Team K may decline the penalty and keep the ball.
 - b. Team K fouled. The ball should be declared dead after it is kicked.
 - c. No problem; it is team K's ball at the spot of recovery.
 - d. Team K fouled. The penalty is enforced from the spot of the foul.
99. First and 10 at team A's 20-yard line. Runner A1 loses his balance while attempting to break through the line, and falls onto the back of a fallen player at team A's 23-yard line. A1 is only on the player's back for a split second before he regains his feet and advances.
- a. If A1 fell on a teammate, the ball is dead at team A's 23-yard line.
 - b. If A1 fell on an opponent, the ball is dead at team A's 23-yard line.
 - c. The ball remains live regardless of whether A1 fell on a teammate or opponent.
100. Fourth and 12 at team K's 35-yard line. Before the ball is kicked, lineman R1 grabs guard K2 at team K's 38-yard line and pulls him to one side, allowing R3 to shoot the gap. R4 catches the kick at team R's 25-yard line and advances to team R's 40-yard line, where he is tackled.
- a. The penalty is enforced from the previous spot.
 - b. The penalty is enforced using the post-scrimmage kick enforcement.
 - c. The penalty is enforced from the spot of the foul.
 - d. The penalty includes an automatic first down.
 - e. The down will be repeated.

2024 SDCFOA Rules Summer Study Answers

1. True 1-5-1b(3) (New)
2. False 1-5-3a(5)a 1-5
3. True 1-5-3a (5)a 1-5
4. True 1-5-4, 1-5-5, 3-5-10e, 3-6-2, 9-8-1h
5. True 1-5-1c(6)
6. B Incomplete Pass (9-6-1)
Player is inadvertently out of bounds and touches the ball before returning inbounds.
7. C Safety. Free Kick A-20 (1-5-5 and 9-4-3h)
8. C 2-31-2
9. B 1-1-3, 7-2-5b
10. C 6-2-5
11. A Case Book 7.2.7 SITUATION
12. C 2-17-2, ES is previous spot, half the distance
13. C 1-5-5
14. B 2-5-1, 2-17-2, 2-17-3
15. B 9-6-4a, 9-6-4a Penalty, 2-16-2h
16. C 3-7-6
17. D 10-4-2 EXCEPTION, 3-4-3b
18. B 3-4-7
19. D 3-2-3, 3-3-4b
20. C 3-3-4b
21. B 3-4-2b(3)
22. A 4-2-2b
23. D 4-2-2 Exception 1
24. B 4-2-2f
25. A 4-2-2k
26. C 4.3.7
27. D 4.3.2
28. B 5-3-3b
29. C 5-1-2 Live ball and dead ball do not offset, and 5.1.2 states that on first, second, or third down a new series of downs shall be awarded only after considering the effect of any act during the down other than nonplayer or unsportsmanlike conduct fouls by A, and any dead-ball foul by B. Since the facemask penalty would give A the first down, A is awarded a new series of downs but is backed up 15 yards for the unsportsmanlike penalty. Chains are reset after the administration of all penalties.
30. A 5-3-1, 3-4-2, 3-4-3 New series because there was a change of possession once B recovered the ball, and then another change of possession when A intercepted the ball back. Since B was not awarded a new series the ball starts on the ready vs. the snap
31. B 6-2-3; 5-1-3f Regardless of the down or where the kick is recovered, a new series is awarded to the team in possession at the end of the down if R is first to touch a scrimmage kick while the kick is beyond the expanded neutral zone.
32. C 5-1-3e, 6-2-1, 6-2-3 K may punt, drop kick, or place kick from behind the NZ before team possession has changed since R muffed the punt and the ball rolled behind the NZ the second punt is legal
33. D 6-1-6, 6-5-6
34. B 3-3-3, 6-5-6 Pen. Scenario in which a period is not extended for an untimed down.
35. D 6-2-7; 9-7-1, 10-4-4a When a scrimmage kick is out of bounds between the goal lines, the ball is awarded to R. Enforcement of illegal kicking.
36. B 6-1-7 Free kick first touching; administration.
37. A 6-2-5; 10-4-4d The right to take the ball at the spot of first touching does not apply if R touches the kick and thereafter fouls.

38. C 2-24-10, 6-1-11, 6-1-11 Penalty
39. A 6-2-3; 5-1-3f, 5-1-2a
40. D 7-5-10, 3-4-3d
41. C 7-5-1, 7-5-7 PI only applies to a legal forward pass
42. B 7-2-1, 7-2-1 Penalty, 7.2.1 SITUATION C - Since the player was not deemed to be trying to deceive this is illegal formation vs. illegal participation. Following the ready-for-play, all players have to be momentarily between the 9-yard marks/top of the numbers, before the ball is snapped.
43. B 7-5-10, 7.5.10 SITUATION C - Face-guarding is legal.
44. D 2-31-2 NOTE, 7-5-6b, 7-5-13 Forward pass occurs if arm is moving forward, regardless of direction of the pass; all offensive players are eligible to touch a forward pass after the pass has been touched by a defensive player.
45. B 2-14-2b, 7-2-5b EXCEPTION 2, Definition of scrimmage kick formation; numbering exceptions for fourth-down scrimmage kick formations.
46. B 7-5-12; 7-5-10 Ineligible downfield criteria; cannot be beyond the expanded NZ even if in continuous contact.
47. D 7-5-9 When pass interference restrictions end.
48. B 8-2-5
49. A 8-2-2 A penalty by B, other than unsportsmanlike conduct or non-player on a TD scoring play can be enforced on the try or the kickoff.
50. B 8-5-2c, 10-4-4e Procedure when the ES is in the offensive end zone.
51. A 8-2-2 The scoring team in this situation need not decline the penalty enforcement to keep the TD.
52. B 3-3-4b, 8-5-2c A period is not extended in the case of a foul for which enforcement, by rule, results in a safety.
53. D 8-5-2a, Exception; 8.5.2 SITUATION A - Momentum rule
54. C 9-4-4, 9-4-3h, 9-4 Penalty. A 5-yard facemask foul is not an illegal personal contact foul thus it is not roughing the passer. ES is previous spot for fouls by B behind the LOS while the ball is loose.
55. A 2-3-10, 9-4-3n, 9-4 It's a personal foul to initiate a BSB with anything other than open hands.
56. E 1-5-1b (1); 1-5-4; 1-5-6; 3-5-10e; 9-8-1h; 9.8.1 SITUATION G - Failure of the head coach, following verification to have his/her player wear or use legal and/or required equipment.
57. B 9-6-1; 9-6-2 Enforcement spot is the previous spot for a loose ball play. When an offensive player, or a kicking team player, goes out of bounds voluntarily or by accident, or delays his return after being blocked out by an opponent, he commits an illegal participation foul when he returns inbounds. The spot of the foul is where he returns inbounds.
58. C 3-3-6; 9-4-3j Penalty - A period is not extended if the foul did not occur during the last timed down of the period.
59. D 6-1-6, 6-1-7, 9-3-7; 10-4-2 EXCEPTION - Illegal blocking during free kick - 10-yard penalty tacked on or re-kicked with 10-yard penalty
60. E 9-5-1a; 8-2-4 - A live-ball unsportsmanlike foul is treated as a dead-ball foul for enforcement purposes
61. E 8-2-3; 9-4-3n; 9-4 Penalty. A legal BSB must be made with open hands. The foul by the non-scoring team is after the change of possession, the scoring team can accept the results of the play and have the penalty enforced on the try or the subsequent kickoff.
62. C 2-16-2h, 10-4-3
63. B 10-4-2d When a run ends behind the LOS and there is a foul by B during the live ball play, the penalty will be enforced from the previous spot, even if the end of the run in Team A's endzone.
64. A 10-4-2 EXCEPTION
65. A 10-4-2 EXCEPTION
66. B 10-4-2 EXCEPTION
67. D 8-3-5 The succeeding spot will be determined by the overtime coin toss, plus any other fouls that might be enforced at the succeeding spot.
68. A 10-2-2a, 10-2-2b

69. B 10-2-1; 10-2-2, "Clean hands" principle. In this scenario, both teams foul after a change of possession, B may retain the ball if he declines A's foul; ES is likely the spot of B's foul.
70. E 2-16-2b, 2-16-2h(3), 2-24-4, 2-24-9, 10-1-1, 10-2-1b. Procedure for double foul when R's foul is a non-PSK foul prior to R's possession at the end of the down.
71. B 10-4-2d. Enforcement spot for a running play when there is a foul by B when the play ends behind the LOS.
72. C 10-4-4f. Enforcement of foul during running play.
73. A 10-3-1b; 10-4-2b Foul by A that occurs behind the LOS during a loose ball play.
74. C 10-3-2; 10-4-4f. A foul by B after a change of possession ("clean hands" principle), during the running portion of the play and the foul occurs behind the end of the run.
75. B 6-2-5; 10-4-4f. The right to take the ball at the spot of first touching does not apply if R touches the kick and thereafter fouls. A foul by R after a change of possession ("clean hands" principle), during the running portion of the play and the foul occurs behind the end of the run.
76. A 10-4-2 EXCEPTION. Allows R to retain ball and have the K penalty enforced
77. B 10-4-2 EXCEPTION. Allows R to retain ball and have the K penalty enforced.
78. B 3-2-2
79. A 4-2-2a
80. C 6-5-6b, 7-5-10
81. F 6-2-4
82. A 7-5-2d, 7-5-13
83. A 5-2-2, 5-1-2a, 10-4-5a
84. A 10-4-2b
85. C 6-2-7
86. B 6.1.9 SITUATION A
87. E 9-6-1
88. A 3-4-2b(3), 9-4-4 Penalty
89. B 9-3-5b
90. D 7-4-2
91. C 2-28, 6-2-6
92. A 7-5-1
93. A 7-1-7a
94. C See overtime procedure at www.sdcfoa.org
95. B 4-3-2, 4-3-6, 6-1-9b
96. C 7-5-10 Penalty, 10-1-3
97. A 2-28-2, 5-1-3g, 6-2-5
98. B 2-24-10, 6-1-11 Penalty
99. C 4-2-2a
100. B 2-16-2h