**San Diego County Football Officials Association**

**Weekly Bulletin *Flag Football* 9/11/24**

This week I’m sending out a foul sheet that was taken from the CIF Rules addendum and reformatted with language that is more customary for officials. I’ve highlighted the Loss of Down (LOD) fouls in green and the Automatic 1st Down penalties in yellow. This may serve as a handy study tool prior to games for our officials. - Steve

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| 5-YARD PENALTIES |
| Delay of Game | Replay the down | Previous spot |
| Diving | The down counts / LOD | Spot of the Foul |
| Encroachment | Replay the down | Previous spot |
| False Start | Replay the down | Previous spot |
| Illegal Flag Pull | Automatic 1st | End of the Related Run |
| Illegal Formation | Replay the down | Previous spot |
| Illegal Forward Pass | The down counts / LOD | End of the Related Run |
| Illegal Motion | Replay the down | Previous spot |
| Illegal run | The down counts / LOD | Previous spot |
| Illegal Rush | Replay the down | Previous spot |
| Illegal Snap | Replay the down | Previous spot |
| Illegal Subsitiution | Replay the down | Previous spot |
| Neutral Zone Infraction | Replay the down | Previous spot |
| Sideline Infraction | Replay the down | A-previous spot, B-end of the down |
| Tripping | The down counts or automatic 1st | A-previous spot, B-end of the down |
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| 10-YARD PENALTIES |
| Diving | The down counts / LOD | Spot of the Foul |
| Flag Guarding | The down counts / LOD | Spot of the Foul |
| Illegal Blocking | Replay the down | Previous spot or Spot of foul  |
| Illegal Contact | The down counts or automatic 1st | Previous spot, spot of foul or end of the down |
| Illegal Participation | The down counts or automatic 1st | A-previous spot, B-end of the down |
| Improperly or Illegally Equipped (live ball) | Replay the down | A-previous spot, B-end of the down |
| Leaping | The down counts / LOD | Spot of the Foul |
| Pass Interference | Replay the down | Previous spot |
| Roughing the Passer | Automatic 1st | Previous spot or end of the down |
| Sideline Interference | The down counts or automatic 1st | A-previous spot, B-end of the down |
| Spinning | The down counts / LOD | Spot of the Foul |
| Unsportsmanlike | The down counts or automatic 1st | A-previous spot, B-end of the down |
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| NO YARDAGE |
| Sideline Warning |  | End of the Related Play |
| Passing Clock Expiration | The down counts / LOD | Spot of the Foul |